

# 5 THINGS EVERYONE SHOULD KNOW ABOUT



# Genetically Modified Food

(GMO)

## FOOD

**1** GMO PLANTS ARE NEITHER "JUST LIKE NATURAL," NOR ARE THEY HYBRIDS.

*They are laboratory-created manipulations of DNA, which become unpredictable "wild cards" in the natural world and human food supply.*

**2** GMO FOOD IS NOT COMPREHENSIVELY TESTED BY ITS PRODUCERS OR INDUSTRY.

*Unlike the considerable safety and testing processes in the pharmaceutical industry, GMO-producing companies have alarmingly few testing regulations and are not required to prove that their products are safe prior to introduction. It's often "splice first, ask questions later."*

**3** GMO FOODS ARE NOT ADEQUATELY REGULATED BY THE US GOVERNMENT.

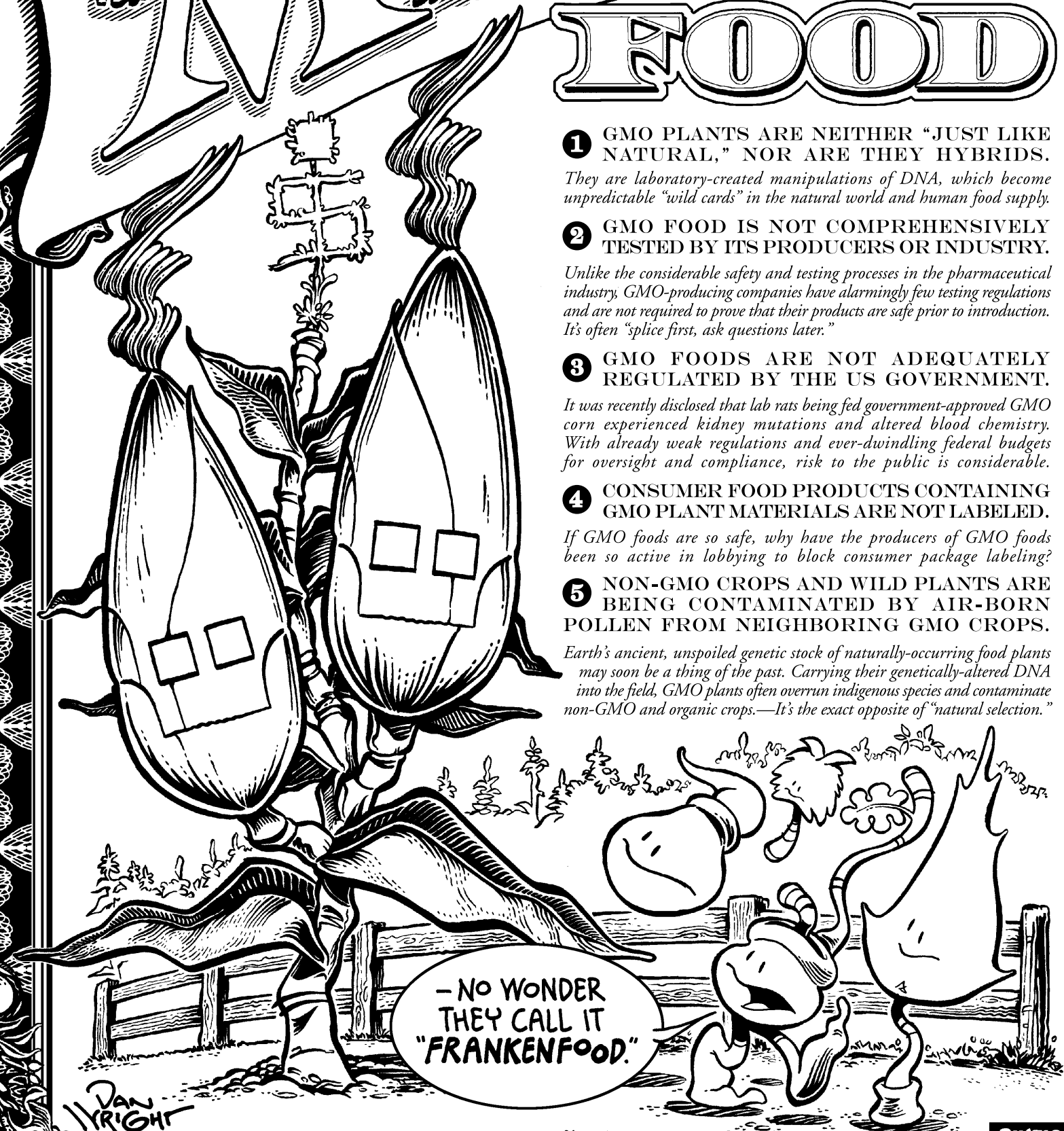
*It was recently disclosed that lab rats being fed government-approved GMO corn experienced kidney mutations and altered blood chemistry. With already weak regulations and ever-dwindling federal budgets for oversight and compliance, risk to the public is considerable.*

**4** CONSUMER FOOD PRODUCTS CONTAINING GMO PLANT MATERIALS ARE NOT LABELED.

*If GMO foods are so safe, why have the producers of GMO foods been so active in lobbying to block consumer package labeling?*

**5** NON-GMO CROPS AND WILD PLANTS ARE BEING CONTAMINATED BY AIR-BORN POLLEN FROM NEIGHBORING GMO CROPS.

*Earth's ancient, unspoiled genetic stock of naturally-occurring food plants may soon be a thing of the past. Carrying their genetically-altered DNA into the field, GMO plants often overrun indigenous species and contaminate non-GMO and organic crops.—It's the exact opposite of "natural selection."*



Dan Wright

RUSTLE THE LEAF

TO FIND OUT MORE ABOUT GMO FOODS, VISIT  
[WWW.ORGANICCONSUMERS.ORG](http://WWW.ORGANICCONSUMERS.ORG)  
YOU CAN ALSO DOWNLOAD A FREE RUSTLE THE LEAF GMO LESSON PLAN AT  
[WWW.RUSTLETHELEAF.COM/GMO.PDF](http://WWW.RUSTLETHELEAF.COM/GMO.PDF)