

HOW BIG IS YOUR FOOTPRINT?



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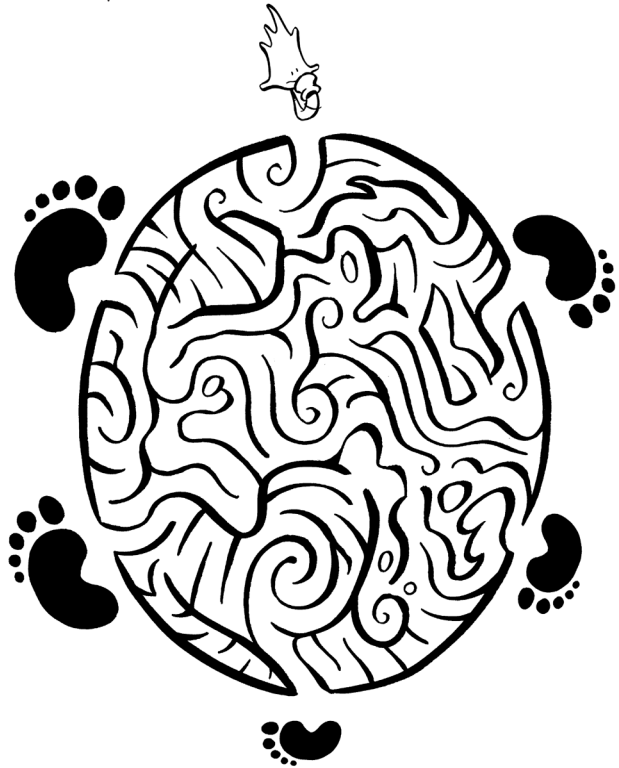


Every person has an impact on the Earth's natural resources. We consume what nature produces and create waste products that affect the environment. Our Eco-Footprints are affected by the types of foods we eat, the homes we live in, the modes of transportation we

use, how we conserve energy, and other choices in our day to day lives. For example, riding bicycles instead of driving cars reduces Eco-Footprints, since bicycles do not use fuels but cars do.

We depend on the Earth for food, shelter and energy. For this we need resources: land for growing food and living on, fuels to power our cars and provide electricity, water to drink, and space to store waste. Unfortunately, we use 30% more resources than the Earth can sustain, and North Americans have the largest footprint of all. But there are things you can do to reduce your footprint. You can reduce your footprint by eating fewer packaged foods, which take more energy to produce, and by eating less meat. You can also make sure to turn lights off when you don't need them and keep

windows closed when heat or air-conditioning are on to conserve energy. You can reduce your footprint by walking or biking to school instead of driving, by reusing and recycling, and by conserving water. If everyone does what they can to help we can reduce our country's Eco-Footprint.



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BY PONCÉ & WRIGHT



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